

Resources for Things to Do While Stuck at Home:

Parents can use school as a framework and honor what had been your child's routine:

- When are they used to having breakfast: Snack: Lunch?
- When is recess?
- Break the day into small chunks much like school does with subjects;
- If your child has assigned schoolwork, do they work best in the morning or afternoon?
- Ideas on keeping kids busy while having free time:

Educational Apps:

ABCmouse.com (age 2-8), free one month trial

Epic! (Age 2-12) [Epic!](#), free one month trial

Quick Math Jr. (age 4-8) [Quick Math Jr.](#)

Lightbot: Code Hour (age 8+) [Lightbot](#)

Brainpop Jr. Movie of the Week (age 6-9) [Brain Pop](#)

Swift Playgrounds (age 9+) [Swift Playgrounds](#)

Nick Jr. (age 2-7) [Nick Jr.](#)

Youtube Kids (age 2-12) [Youtube apps](#)

PBS Kids Games (2-12) [PBS Kids](#)

Creative Ideas

Coloring books, Painting, Drawing

Make your own musical instrument

Create your own home movie/music video

Learn to sew, Make Jewelry

Make Slime [Recipe for Slime](#) or make play-doh [Recipe for playdough](#)

Science experiment [science experiment](#)

Tell a Story Ideas

Write short story about your life, start a Journal/diary

Interview an older person and write their life story

Go Outside and Get Active Ideas

Take a Hike, Go for a walk, Nature walk, Treasure hunt

Skate board, Roller skate

Play catch football, frisbee and baseball

Kick a soccer ball, Fly a kite

Weather permitting, camp in your backyard

Go Fishing

Chalk: hopscotch, draw a track and race cars on it, work on writing, spelling, and numbers

Create an obstacle course

Inside

Play a new game, put together a puzzle

Teach your kids how to cook/bake

Inside Continued:

Cheer others up (write a note to those who care for others, nurses, health care providers,first responders and
Call or facetime friends and family
Write a letter to people who live in nursing homes or assisted living centers
Make a care package for our service personnel
Build a fort inside, Indoor picnic
Rearrange your room,
Do your chores/Spring cleaning
Try on your clothes from next season and sort out what doesn't fit or you don't wear-Donate to charity
Read together
Play Legos
Make bubbles and blow them outside (Mile High Bubbles= 2 cups warm water, 1/3 cup dish soap, 1/4 cup corn syrup)
Sensory bins, Kinetic sand
Put on a talent show or a fashion show
Bubble bath
Teach your dog a new trick
Play cards, Go-fish, Uno, Rummy, War
Play checkers, chess
Play charades
Practice mindfulness

Virtual Visits

[Georgia Aquarium](#)

[Cincinnati Zoo](#) Live-streaming animals on their Facebook page daily at 3PM

[San Diego Zoo](#)

[Boston Children's Museum](#)

[British Museum](#)

[Louvre](#)

[Smithsonian Museum of Natural History](#)

[National Parks](#)

[Farm 360](#)

[Mars](#)

[African Wildlife](#)

[Wow in the World](#)

[Museums](#)

Resource Sites

<https://time.com/5803373/coronavirus-kids-at-home-activities/>

<https://www.diynetwork.com/how-to/make-and-decorate/crafts/the-two-best-homemade-soap-bubble-recipes>

<https://www.goodhousekeeping.com/electronics/g28212386/best-apps-for-kids/>

<https://parade.com/1009774/stephanieosmanski/things-to-do-with-kids-during-coronavirus-quarantine/>