



A Message from the Health Officer Information on Important Resources for Help during COVID-19

Many people in the community are feeling the effects of the COVID-19 pandemic. Not only are people anxious about getting the virus or passing it on to vulnerable friends or family members, but there are also the economic impacts that have greatly affected people's lives. Social isolation, job loss, economic losses, increased health care needs and the anxiety about the future have also led to an increase in the need for services including mental health care. Here are some great resources from Jefferson County Human Services and others for people to get assistance during this difficult time.

Economic Support such as help with all insurance plans, Foodshare and energy assistance:

Representatives are ready to take your call through the Southern Consortium. Some of the rules have been revised to make these benefits more available. So even if you were turned down in the past you can see if you are not eligible.

Please contact (Toll-Free) 1-888-794-5780 for assistance or go to <https://www.co.rock.wi.us/hsd-es/southern-consortium>.

To request Mental Health and/or Substance Use services or if you have a crisis:

Call 920-674-3105 anytime 24 hours a day, 7 days a week

Peer Support Line:

The NAMI Waukesha After Hours Peer Support Line is a specific phone line where people who are experiencing emotional difficulties can call in and speak to a peer specialist for support, guidance, or just to have someone with whom to talk and explore ideas together. Sometimes callers may need referral to more comprehensive supports, but more often peers are able to provide the support that callers need to move forward with their days in a positive, recovery oriented direction.

The Peer Support Line is NOT FOR CRISIS CALLS. If you need immediate help, call 911 for emergencies.

262-409-2752

Saturday and Sunday 2:00PM-6:00PM

Monday, Thursday, and Friday 6:00PM-9:00PM

For Child and Family services:

Call 920-674-3105 anytime 24 hours a day, 7 days a week

For any question or need related to an adult with a disability or for adults over the age of 60 please call the Aging and Disability Resource Center (ADRC):

866-740-2372 TTY/TDD/Relay: 800-947-3529 or Email: adrc@jeffersoncountywi.gov

Please see the Jefferson County Human Services website for more great services to help those in need. Don't hesitate to call! **920-674-3105**

website https://www.jeffersoncountywi.gov/departments/human_services/index.php