Winter can be lots of fun. It can also be very dangerous. Think safety.

Know About Winter Hazards in Advance

LISTEN

- To your NOAA Weather Radio All Hazards
  - Freezing Rain
  - Sleet
  - Winter Storm
  - Blizzard
  - Frost/Freeze

Dress for the Weather: Always Have Winter Gear

WINTER COLD CAN KILL — Never leave home without a coat, hat, mittens & boots.

If You Are Stranded in a Car

- Call 9-1-1.
- Stay with your vehicle so rescuers can find you.
- Hang a brightly colored “flag” from your radio antenna.
- Bundle up in your winter gear.
- Huddle close to other passengers, covering up with a blanket or sleeping bag.
- Exercise to stay warm.
- Run the engine & heater about 10 minutes each hour to keep warm. But you must open a downwind window slightly for ventilation.
- Drink fluids and eat high energy snacks.
- At night, turn on the inside light so rescuers can see you.
- Take turns sleeping. One person should be awake to look for rescue crews.

In Extreme Cold

- Avoid going outdoors.
- Cover all exposed skin.
- Cover your mouth with a scarf to protect your lungs.
- Keep dry.
- Know the signs of frostbite & hypothermia.
**Winter Weather Safety**

**Check off the items that belong in a Winter Emergency Car Kit.**

- shovel
- water
- DVD player
- sports gear
- flashlight & batteries
- blankets
- cell phone
- sand or cat litter
- make-up
- ice skates
- snack food
- scraper
- alert “flag”
- jumper cable
- photo album
- extra hats, socks, mittens

When there is snow outside, bundle up in lots of layers of clothing and wear a hat. Ask an adult if it’s okay to play outside — and come inside often for “warm-up” breaks.

**Keep Vehicle Windows Clear**

- Get medical help IMMEDIATELY.

**Frostbite**

- Damage to body tissue caused by extreme cold.
- A wind chill of -20° can cause frostbite in just 15 minutes or less.
- Causes a loss of feeling and a white or pale appearance in fingers, toes, ear tips or the tip of the nose.
- Get medical help IMMEDIATELY.

**Hypothermia**

- A condition that develops when the body temperature drops below 95°.
- It is very deadly.
- Warning signs include uncontrollable shivering, disorientation, slurred speech and drowsiness.
- Get medical help IMMEDIATELY.

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Wisconsin Emergency Management
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Are You READY Wisconsin?

Get a Kit  Make a Plan  Be Informed