

Serving the general public as a source for information about Aging and Adult Disability Resources

ADRC Services Benefit Guide

Advocacy

1541 Annex Road Jefferson, WI 53549 Phone: 920-674-8734

Toll: Free: 1-866-740-2372 TTD: 920-674-5011 TTY: 1-800-947-3529

Office Hours: Monday through Friday 8:00-4:30 p.m. **After Hours by Appointment** email: adrc@jeffersoncountywi.gov www.jeffersoncountywi.gov

Information in this guide book is subject to change without notice, please check with the ADRC for the most recent updates.

Answers and Solutions Start Here

Aging and Disability Resource Centers (ADRCs) offer the general public a single entry point for information and assistance on issues affecting older people and people with disabilities, regardless of their income. Our resource center is a welcoming and convenient place for you and your family to get information and access to a wide variety of services. Our Aging and Disability Resource Specialists can help you sort through your options so you can make informed decisions during difficult, often confusing times. We will talk with you wherever it is most convenient—in our office, in your home, over the phone, or by email.

WE CAN HELP YOU:

- Maintain your independence in the community
- Find services to help you remain at home
- Make plans for your future housing and care needs
- Evaluate your eligibility for financial benefits



The Aging & Disability Resource Center is here to provide you with information and assistance on a wide variety of topics. Our Aging & Disability Specialists rely on an extensive database that contains up-todate information on many services and resources.



To request general information about resources, services or programs available within the Jefferson County area, please call **920-674-8734** or toll-free **1-866-740-2372** or send an email to **adrc@jeffersoncountywi.gov.**

ADRC's are available in all Wisconsin counties and 11 tribes.

To find an ADRC in your area

<u>Find an Aging and Disability Resource Center |</u> <u>Wisconsin Department of Health Services</u> Talking with an Aging and Disability Resource Specialist can help you make more informed decisions about your health care needs

Let Us Help

Whether you would like information about how you can remain in your home or move to an assisted living or nursing home facility, the ADRC can help you plan services and supports to keep you safe and comfortable.



Expert Information

Aging & Disability Resource Specialists are experts in knowing housing options and programs available to help you get the care you need. Some people require a nursing home for a short stay to help with personal care while recovering from an operation or illness – others may need a long term arrangement due to chronic illness or a disability.

Through a pre-admission consultation, people have a conversation with knowledgeable professionals about the options available, information on what to look for in a facility and calculating what you can afford to pay and for how long. It is very important to assess your present situation and consider all your options before giving up your home to enter a long-term care facility.

Aging & Disability Resource Specialists can help individuals consider how long personal funds will last and discuss what may happen if money runs out so people can best plan for their future. The conversation can also include information about the sources of government funding that may be available and how people can be eligible.



What Services do we offer?

Information, assistance, and referral for local community services.

Counseling on options to meet immediate or future care needs.

Assistance to apply for public benefit programs such as Medicare and Medicaid.

Advocacy to cut through problems with benefit programs, health insurance, housing, or consumer issues

Link to help when someone is being abused (physically, verbally, or financially) or when someone is neglecting their own care.

Determine eligibility for publicly funded long term care programs such as Family Care, Partnership or IRIS.



Publications available at the ADRC

Assisted Living Options in Jefferson County



Do you have questions about Assisted Living?

What assisted living options are available in Jefferson County?

How do I choose the option best suited to meet my needs?

What does it cost? How do I know what I can afford to pay?

Where can I get information about assisted living and help to understand my options?

Nursing Home Facilities

Do you have questions about nursing home options?

How can I determine my care needs now and in the future?

Where can I get information and assistance about long-term care options?

How do I pay for a nursing home / other healthcare expenses?

How do I decide which nursing home best meets my needs?

What nursing homes are located in my area?



Supportive Services & Caregiver Programs

Title 3B - Supportive Services:

This program is for people 60 years old or older who are having trouble in various areas of daily living. It is a short-term program that will provide up to \$1,500 over a 12-month period. The types of services that can be covered through this program may include:

Adaptive equipment Consumable Supplies Homemaker services Personal Care Chore Services Support Groups Recreation/ Socialization

Caregiver Programs:

Alzheimer's Family Caregiver Support Program (AFCSP)

This program is designed to give caregivers respite. It is a short-term program that can help to fill in the gaps as families make long term plans for care. Recipients of this funding will receive up to \$4,000 to use over a 12-month period. The services provided through this program may include:

Adult day care

Personal cares, bathing, medication monitoring or chores

Safety improvements / equipment

Overnight respite in a facility

Caregiver counseling / training

Adaptive equipment / clothing

Specialized transport and escort

To be found eligible you must have a written diagnoses of some form of irreversible dementia and have a combined income of less than \$48,000 annually.

National Family Caregiver Support Program (NFCSP)

This program is designed to give caregivers respite. It is a short-term program that can help to fill in the gaps as families make long term plans for care. Recipients of this program will receive \$2,000 of funding for services over a 12– month period. The services that can be provided through this program may include:

In-home respite / companionship Adult day care Help with personal care, bathing, medication monitoring and chores Home safety improvements Consumable supplies Support groups

The list of services available is not comprehensive.

For more information about the programs listed above, please contact the ADRC at (920) 674-8734.



Evidenced-Based Self-Management Programs

Aging Mastery Program

Aging Mastery is a comprehensive and fun approach to living that celebrates the gift of longevity. Central to the Aging Mastery philosophy is the belief that modest lifestyle changes can produce big results and that people can be empowered to cultivate health and longevity. This 10-session program intended to provide an overview of the challenges encountered while navigating life in older age.

Eat Smart, Move More, Weigh Less

An online weight management program delivered in an interactive real-time format with a live instructor.

Time Slips

A program designed for elders to inspire creativity through storytelling, asking questions, and participating in creative projects.



Powerful Tools for Caregivers

This six-week program provides family caregivers with tools necessary to increase their self-care and confidence in caregiving.



Walk With Ease

Don't let arthritis or inactivity sideline you!

A six-week program intended for community participants to reduce pain and discomfort, increase balance and strength, and improve overall health.



Tia Chi for Arthritis and Fall Prevention

Tai Chi Prime is a six-week evidence-based class series which has been proven to reduce the risk of falling. Tia Chi Prime is a gentle mind/body exercise and relaxation program designed especially for people with arthritis and/or joint pain.



Evidence-based Falls Prevention Program

Music & Memory

A program designed for people living with dementia and/or other mild cognitive impairments to listen to personalized music which brings joy and helps activate their senses.



For more information about a class near you, contact the ADRC of Jefferson County at 920-674-8734 or email us at adrc@jeffersoncountywi.gov

Also, visit the Wisconsin Institute for Healthy Aging website at:

Home - WIHA (wihealthyaging.org)

Disability & Elder Benefit Specialists

The Aging and Disability Resource Center has Disability Benefit Specialists who helps people between the ages of 18 and 59 and Elder Benefit Specialists to help seniors, people over the age 60 ,who are encountering problems with private or



government benefit programs. They are highly knowledgeable in the following areas: Medicare, Food Share, Social Security Disability, Supplemental Security Income (SSI), Senior Care and Medical Assistance. Benefit Specialists are trained and guided by attorneys who specialize in elder and disability benefits law. They are often called "the red tape cutters", and their mission is to help



people figure out what benefits they are entitled to and what they must do to receive them.

A Benefit Specialist is an advocate who can act on behalf of an individual with other parties involved. Many of the benefits issues faced by seniors and people with disabilities can be very complex. A phone conversation can oftentimes be sufficient to provide information and guidance. A home visit or office appointment may be necessary to review paperwork and to examine all opportunities of support and assistance. To speak with a Benefit Specialist, please call: **920-674-8734** or toll-free **1-866-740-2372**.

Welcome to Medicare Workshops

In an effort to meet the increased demand for Medicare counseling and all its complexities, the Elder Benefit Specialist program now offers "Welcome to Medicare" workshops for Jefferson County residents who will be newly eligible for Medicare. The workshop is ideal for people who will be turning 65 in the upcoming months and will be *newly eligible for Medicare*. However, it can also be helpful to any Medicare beneficiary who has questions or concerns regarding complicated Medicare options and benefits. This casual workshop is a complete and comprehensive overview, and participants do have an opportunity to ask questions throughout the class. Every effort is made to provide all with a better understanding of how Medicare "works" and how to objectively compare their insurance for health and drug coverage. For a schedule of workshops, visit the ADRC website at:

<u>Welcome to Jefferson County (jeffersoncountywi.gov)</u>

Living Well with Dementia in Jefferson County



Communities caring for persons living with dementia and the people who love them.

Dementia Care Specialist

The Aging and Disability Resource Center has a Dementia Care Specialist who provides help and practical guidance for people supporting a loved one with possible or diagnosed memory impairment. Help is also available to people who have memory concerns, or have just been diagnosed with Alzheimer's, a mild cognitive impairment, or dementia. Our Dementia Care Specialist can help people and their care partner in crises situations or if there is a difficult period of time when a caregiver needs guidance and support to manage the level of care their person with dementia needs. Our Dementia Care Specialist will be able to offer you tools and techniques to help you plan ahead and to offer practical solutions so you will be better prepared.

Tonya Runyard

Dementia Care Specialist

Call: 920-674-8734 or toll-free 1-866-740-2372

Dementia Friendly Businesses

When you see this symbol in the windows of local businesses it means that people with dementia are respected, welcomed patrons.





Memory Café

A Memory Café is a social gathering for those who are experiencing early-stage dementia, mild memory

loss, or mild cognitive impairment (MCI), and a family member or care partner. A Memory Café is a place to have fun, share experiences, and stay socially connected.

Dementia Friendly Community Network

The Dementia Friendly Community Network meets monthly on the 4th Monday of the month from 3:30-4:30pm. at the ADRC in Jefferson. The network exists in order to create a dementia capable Jefferson County where people with dementia live their best life. All are welcome to attend; community input is valued. Call the Dementia Care Specialist for more information.



Senior Dining Programs

Fellowship, Food & Fun



Congregate Dining

In-person dining is available at the Jefferson, Watertown and Fort Atkinson Senior Centers. Those eligible to participate on a suggested \$4.00 contribution basis include anyone age sixty and older, their spouse/domestic partner <u>regardless of age</u>, non-paid caregivers who accompany an eligible person, anyone with a disability who lives in the community with someone age sixty or older or who lives in a housing facility occupied primarily by older individuals where Senior Dining services are provided. No eligible participant will be turned away if unable to contribute to the cost of their meal. Individuals who do not meet the eligibility criteria are welcome to dine, but must pay the full meal cost of \$13.47 to participate.

Home Delivered Meals

To receive Home Delivered Meals, an individual must have an assessed need, agree to an in-home assessment, and must be home between 11 am -1 pm. to accept the meal. Additional program requirements apply; call us for more information.

Fort Atkinson	Jefferson	Watertown
Senior Center	Senior Center	Senior Center
920-728-4756	920-728-0259	920-728-1210
Lake Mills	Palmyra	Karl Junginger
Municipal Building	American Legion Hall	Memorial Library
920-728-6982	262-753-3108	Waterloo, 920-478-3344

For additional information, contact:

Senior Nutrition Program

Telephone: 920-674-8134

Toll-Free: 1-866-740-2372

TTD: 920-674-5011



Food Pantries

Food Pantries are non-profit hunger relief sites that receive food donations to distribute to those in need. Food Pantries are found in most communities within Jefferson County. They rely on donors and volunteers to carry out day-to-day operations. A Food Pantry's sole purpose is to help those in need.

<u>Cambridge</u> Nikolay Middle School 211 South Street 608-423-8142 Hours: Wed. 4-630pm <i>By Appointment Only.</i>	<u>Johnson Creek</u> St. John's Evangelical Lutheran 129 N. Watertown Street 920-699-2471 Hours: Mon. & Thurs. 10a-12n 4th Thurs of month 4-5pm	<u>Waterloo</u> 117 E Madison Street 920-478-9679 or 478-2321 Hours: Wed. 12-1pm and 7-8pm Sat. 9-10am
Fort Atkinson 715 Jones Ave 920-563-6992 Hours: Mon & Thurs 3-530pm <u>Second Harvest</u> St. Joseph's Church Parking Lot 1660 Endl Blvd. Hours: 2nd Thurs. 2pm.	<u>Lake Mills</u> St. Vincent DePaul 720 E. Lake Street 920-648-2800 or 920-945-0382 Hours: Tues. 830-1030a Thurs. 5-7pm	<u>Watertown</u> Imanuel Lutheran Church 209 N. 9th Street 920-390-4252 or 920-261-1663 Hours: Mon. & Fri. 10a-12n Tues. 1-3pm. Wed. 12-2pm Thurs. 1-3pm & 430-6pm
<u>Ixonia</u> First Baptist Church N8346 North Street 920-262-0633 Hours: 2nd & 3rd Tues 12-7pm	<u>Palmyra</u> St. Matthew's Lutheran Church 313 W. Main Street 262-495-4540 Hours: 2nd Thurs. 10a-12n 3rd Thurs. 6-8pm	Palmyra Mobile Pantry:Second Harvest St. Mary's Catholic Church 919 W. Main Street Hours: 1st Thurs. 4-5pm
<u>Jefferson</u> 164 W. Garland 920-674-6822 Hours: Mon. & Thurs. 1-4pm.	Rome/Sullivan Rome Community Center N3866 West Street 262-593-8646 or 262-593-8745 Hours: 1st Thurs. 10a-1pm 3rd Thurs. 2-5pm.	<u>Whitewater</u> Old Whitewater Armory 146 W. North Street 262-473-0524 or 262-473-6120 Hours: Fri. 2-4pm Sat. 9-11am Other times by Appointment



Second Harvest Mobile Pantry Program

Second Harvest is a FoodShare Outreach Program that is helping to end hunger in Southwestern Wisconsin through community partnerships. They partner with food pantries, shelters, meal sites and other hunger-relief

programs served by Second Harvest Foodbank of Southern Wisconsin. Too often, people who are at risk of hunger and might be eligible for FoodShare Wisconsin (food stamps) but don't enroll. Second Harvest Outreach Program helps ensure potentially eligible participants to get the help they need. **FOODSHARE HELPLINE: 1-877-366-3635**





Receive a minimum of \$23/month or more (household size=1) for groceries with FoodShare and the QUEST Card! FoodShare is a benefit, like Social Security, that saves you money on groceries and frees up money for bills, medications and other necessities.

> You may qualify if your household's gross monthly income is less than... 1 person \$2,266 2 people \$3,052

> > Effective 10-1-2022 to 9-30-2023

Call **toll-free at 888-794-5780** Website: www.access.wi.gov



Stockbox is available on the first Wednesday of a full week in the month. The pickup location is at the Watertown Senior & Community Center, located at 514 S. First Street, Watertown between 10 and 11 am.

Any local resident aged 60 or older who qualifies as low-income under the Stockbox program guidelines (monthly income of less then **\$1,580** for single and **\$2,137** for 2-person household or add **\$557** for each additional family member) is eligible for the program. For questions or more information about the Stockbox Program, contact **Rick Lewandowski at 414-777-0483.**

JEFFERSON COUNTY FREE CLINICS

Rock River Community Clinic (RRCC) offers health and dental care to the uninsured, underinsured, and low-income population throughout Dodge and Jefferson WI counties, and parts of Walworth County. RRCC also offers care coordination to assist patients outside the medical appointment, including referral to behavioral health counseling and assistance in establishing eligibility for Federal, State and local public benefit programs. Services are offered through four clinic locations (see below). Fees for services are assessed and applied through an initial financial screening prior to service. Services will not be denied based on an individual's ability to pay. To make an appointment, please call (262) 472-6839.

To learn more about the Rock River Community Clinic (RRCC), visit their website at https://rockrivercommunityclinic.com/

RRCC—Fort Atkinson

Services offered: dental care for low income patients of Jefferson and southern Dodge counties.

Call (920) 563-4372 (for all DENTAL questions & appointments) Monday: 8 am - 4 pm Tuesday: 8 am - 4 pm Wednesday: 8 am - 4 pm Thursday: 8 am - 4 pm Closed Friday, Saturday & Sunday

520 Handeyside Lane Fort Atkinson, WI 53538

RRCC—Watertown

Services offered: medical care; other sevices. Call (262) 472-6839 to make an appointment No dental services provided at this location

Call (262) 472-6839 to make an appointment Clinic Office (920) 206-7797

Monday 9 am-6 pm 1st & 3rd Tuesday 4 pm-7 pm Closed: Wednesday, Thursday, Friday, Saturday and Sunday

415 South 8th Street Watertown, WI. 53094

RRCC – Jefferson

Services offered: medical care: other services. No dental services provided at this location.

Call (262) 472-6839 to make an appointment.

4th Thursday of each Month: 8am-5pm

1541 Annex Road Jefferson, WI. 53549

RRCC—Whitewater (Main office)

Services offered: medical care; other services 5 days per week. No dental services are provided at this location.

Monday 9 am-6 pm Tuesday 9 am-4 pm Wednesday 9 am-3 pm Thursday 10 am-7 pm. Friday 8 am-5 pm. Closed Saturday & Sunday

1461 West Main Street Whitewater, WI, 53190

*Source of all Information : RRCC website 1.30.23

HOUSING OPTIONS of JEFFERSON COUNTY



Community Action Coalition for South Central Wisconsin, Inc. Contact Central Intake at 608-237-1255

Email cac@cacscw.org

For the most recent Jefferson County Low Income Housing list, contact the ADRC 920-674-8734 or email us at adrc@jeffersoncountywi.gov



Jefferson County Affordable/ Low Income Housing includes the following:

- **Section 42 Housing** must meet certain income limits and other eligibility requirements. If eligible, your rent would be set and is not adjusted if your household income decreases.
- **Rural Development (RD)** property –must meet certain income limits and other eligibility requirements. If determined eligible, your rent would be the higher of the base rent or 30% of your adjusted household income.
- **PB Section 8 (30%)**-must meet certain income limits and other eligibility requirements. If determined eligible, your rent would be approx. 30% of your adjusted household income.
- Public Housing (Authority) rent based on 30% of adjusted household income.
- * For above programs, it is best to call the property before applying to determine if you qualify
- Emergency Shelter provides homeless individuals with housing vouchers for temporary shelter and assists participants in locating permanent housing and other resources. Contact the ADRC for more information.



- For eviction prevention, landlord and tenant mediation and a variety of other issues, consider contacting Legal Action of Wisconsin.
- Legal Action of Wisconsin, Inc. is a non-profit law firm which provides representation in order to achieve justice for low-income people or others who might be denied and has both staff and volunteer attorneys. Jefferson County residents, contact the Madison Office: 608-256-3304 or 855-947-2529 or general email: law@legalaction.org. Visit their website at Legal Action Wisconsin

Housing Choice Voucher Program (HCV) provides rent assistance to eligible households at or below 50% of County Median Income (CMI). The program is administered by the <u>Central Wisconsin Community Action</u> <u>Council</u>. The current payment standards, utility allowances, along with the entire administration plan can be found at <u>WHEDA.com</u> Please check the website for HCV County Waitlist. **Central Wisconsin CAC**

P.O. Box 680, Friendship, WI. 53934 Phone: (608) 472-2687



WIHousingSearch.org, housing locator service was created to help people list and find safe and decent, affordable, accessible and, when necessary, emergency housing. This web-based service provides 24/7 access online and support from a tollfree, bilingual call center, available at 1-877-428-8844, Mon - Fri, 8am - 7pm CDT

Benefits to tenants-

- FREE Search by rent, size, location, proximity to your work, and more
- Detailed, up-to-date listings with photos
- Listings of market-rate rentals, subsidized housing, special-needs housing & more Benefits to landlords
- Enjoy free marketing of your available properties
- Receive more gualified inguiries
- Log in online 24/7 to update, add, or remove listings or phone the toll-free call center to update your property information

For more information, click link WIHousingSearch.org | Housing for Rent in Wisconsin

Community Resources:

St. Vincent de Paul -Jefferson: 920.674.7500 -call Workforce Development Center for assistance with funding or items Fort Atkinson: 920.568.1266 Lake Mills: 920.648.2800 **Watertown**: 920.261.2691 (call after 1 pm.)



Foundation for Rural Housing 608.238.3448 or 1.888.400.5974 Website: www.wisconsinruralhousing.org

Community Action Coalition for South Central Wisconsin (see previous page)

Food & Donation Items for The Community Space – Whitewater

834 E Milwaukee Street, Whitewater, WI. 53190 Ph. 262-379-0187

Tuesday 8:30 AM - 11 AM Wednesday 3:30 PM - 7 PM Thursday 8:30 AM - 11 AM Saturday 8:30 AM – 2 PM

Geno's Food Pantry – 740 N. Church Street, Watertown Thursday only 9:00am - noon No residency restrictions, No ID's required, Spanish translation on site

Your Friends in Action — Volunteer programs for Seniors includes: shopping and errands, transportation, and friendly visits. Call 920-674-4548



Do I Qualify for Homestead Credit?

To qualify for homestead credit for 2022:

• You must have been a legal resident of Wisconsin for **all** of 2022, from January 1 through December 31.

- You must have been 18 years of age or older on December 31, 2022.
- You cannot be claimed as a dependent on someone else's 2021 federal income tax return. (Note: This limitation does not apply if you were 62 years of age or over on December 31, 2022)
- Meet one of the following conditions:
 - You (or your spouse, if married) have earned income during the year or,
 - You (or your spouse, if married) are disabled or,
 - You (or your spouse, if married) are 62 years of age or older at the end of 2022.
- Your household income must have been less than \$24,680 for 2022.
- You must have been the owner or renter of your Wisconsin homestead during 2022.
- You must not have lived for the **entire** year 2021 in housing that is exempt from property taxes. (Note: Property owned by a municipal housing authority is not considered tax-exempt for homestead credit purposes if that authority makes payments in place of property taxes to the city or town in which it is located. If you live in public housing, you should check with your rental manager.)
- You must not, at the time of filing a claim, be living in a nursing home **and** receiving Title XIX medical assistance.
- You must not be claiming Wisconsin farmland preservation credit for 2022.
- You must not be claiming veterans and surviving spouses property tax credit on the 2022 real estate taxes.
- Only one claim may be filed per household (husband and wife residing together). No claim maybe filed on behalf of a person after his or her death.
- You must not have received Wisconsin Works (W2) payments of any amount or county relief payments of \$400 or more for each month of 2022. (Note: If you received any amount of a Wisconsin Works (W2) payment in 2022 or county relief payments of \$400 or more for any month in 2022, your property taxes and rent have to be reduced by one-twelfth for each month you received any of these benefits.)
- Note: You need not be a homeowner to qualify. Renters as well as persons who reside in mobile or manufactured homes or nursing homes that are subject to property taxes may also qualify to file a claim. For most claimants, the deadline for filing a 2022 Schedule H or H-EZ is April 15, 2027.
- For more information, visit the State of Wisconsin-Department of Revenue website via the link below:

https://www.revenue.wi.gov/Pages/FAQS/ise-home.aspx

WISCONSIN DEPARTMENT OF REVENUE

P.O. Box 8906 Madison WI 53708-8906 Phone: (608) 266-2772 Fax: (608) 267-0834 (Madison office) Website: www.revenue.wi.gov Email: <u>DORIncome@wisconsin.gov</u>





How to Apply for Free or Discounted Cell Phone Service

Below is a list of cell phone providers through the federal Lifeline and the Affordable Connectivity Program offering free (or reduced rate), unlimited monthly Data, Talk and Text to eligible customers. Qualify for **free** or reduced rate service by being part of a government benefit program as listed below.

How to Qualify? You must provide proof that you participate

- in any of the following government programs:
- Federal Public Housing Assistance (Section 8)
 Food Share
- Food Share
- Low Income Home Energy Assistance (LIHEAP)
- Medical Assistance (MA) or Badger Care
- Supplemental Security Income (SSI)
- WI. Homestead Tax Credit (Schedule H)
- Wisconsin Works (W2)
- School Free Lunch Programs
- Veteran Pension or Survivors benefits
- Qualifying household incomes

Carrier	Website	Telephone	Mail
Assurance Wireless	Lifeline Phone Service As- surance Wireless	888-321-5880	Assurance Wireless PO Box 5040 Charleston, IL. 61920-9907
SAFELINK	SafeLink Wireless	800-723-3546	SafeLink Wireless, Inc. PO Box 220009 Milwaukie, OR 97269-0009
QLINK	Free Goverment Service Q Link Wireless	855-754-6543	QLINK 499 East Sheridan Street Suite 300 Dania, FL 33004







Medicare Beneficiary Cost – 2023

Part A Hospital Inpatient: Monthly Premium: \$0 Insured (40+ work credits) \$278 Uninsured (30-39 credits) or \$506 (< 30 credits) Inpatient Deductible \$1,600.00 per benefit period Days 1 - 60 \$0 After Part A deductible paid Days 61-90 Co-insurance \$400/day Days 91-150 Co-insurance \$800/day using 60 life-time reserve days



A hospital patient is eligible for 90 days of coverage each benefit period. A benefit period begins with the first day of hospitalization and ends when patient has been out of the hospital or skilled nursing facility for 60 days. A patient who is hospitalized more than 90 days in a benefit period will draw on their 60 life-time reserve days unless he\she notifies the hospital in writing they do not wish to do so.

Skilled Nursing Facility: 3-Day prior hospitalization required Co-insurance first 20 days fully covered Co-insurance 21-100 days \$200.00 100 days of coverage available per benefit period for skilled nursing

Part BPhysician and other outpatient servicesAnnual Deductible\$226.00Monthly Premium\$164.90*

*Medicare beneficiaries receiving Social Security Benefits prior to 1/1/2023 are entitled to the "hold harmless" provision and Part B premium amount <u>will vary</u>. Some beneficiaries who were "held harmless" against Part B premium increases in prior years, will have a Part B premium increase in 2023, but the increase will be offset by the increase in their Social Security COLA. Single beneficiaries whose annual incomes are above \$97,000 and married couples with incomes above \$194,001 will pay higher Parts B & D Medicare Premiums.

"EXTRA HELP" WITH PART D

The Federal Government provides a Low Income Subsidy for people with lower income and resources to help pay for prescription drugs through Medicare Part D.

Full Subsidy with no premium for a Part D Plan and no deductible:

⇒ Monthly income under \$1,640.25 individual /\$2,218.50 couple AND resources under \$10,590* individual/\$16,630* couple

<u>Partial Subsidy</u> with low premium for a Part D

Plan Deductible \$104 plus 15% co-pay for prescriptions:

⇒ Monthly income under \$1,822 individual; \$2,465 couple Resources under \$16,630* individual; \$33,240*/ couple



*Note: Resources amounts i<u>nclude</u> \$1500/individual or \$3000/couple burial expenses.

How Can the Medicare Savings Program Help Me? **QMB AND SLMB PROGRAM—2023** (Medicare Savings Programs)

The Qualified Medicare Beneficiary Program (effective. 2-1-23)

The QMB Program is a plan to help pay medical costs for persons who have low income and assets but are above the Supplemental Security Income limits.

For those who qualify, it can pay:

- **1.** The Medicare Part B premium
- 2. The Part A and Part B Medicare deductibles
- 3. The 20% co-insurance for Part B

The Specified Low-Income Medicare Beneficiaries

The SLMB program is a plan to help pay for Medicare Part B premiums for persons who meet the financial requirements.

Expanded Buy-In for Low Income Medicare Beneficiaries

Expanded Buy-In benefits for Seniors^{*} were created by the BBA of 1997. Persons with incomes between 120 and 135 percent of poverty can currently qualify for this plan which also pays the Medicare Part B premium.

Group Size	QMB Limit (100% of Poverty)	SLMB Limit (120% of Poverty)	SLMB+ (QI-1) (120-135% of Poverty) *first-come, first-served	QMB & SLMB Asset Limit * Effective 2-1-23
1	\$1,215.00	\$1,458.00	\$1,640.25	\$9,090 +1500 burial allowance
2	\$1,643.33	\$1,972.00	\$2,218.50	\$13,630 + 3,000 burial allowance







What is Medicaid?

- *Medicaid is* a program financed jointly by federal and state governments, providing medical care and long-term care to many of the nation's most vulnerable lower-income people.
- Created in 1965, Medicaid pays physician and hospital bills, prescription drug costs, and other health care costs for lowerincome mothers and children, frail seniors, and people with disabilities.



• Each state decides how to structure benefits, eligibility, service delivery and payment rates with guidelines established by federal law.

What Does Medicaid Cover?

- States must provide all beneficiaries with a basic set of services, including doctor visits, hospital care, lab and x-ray services, family planning services and special health screening for children.
- States are also required to pay for care in nursing facilities and for home-based services. Medicaid pays for almost 50% of nursing home expenses nationally. Costly long-term institutional care is generally not covered by private insurers or Medicare.
- States may provide "optional" services, including dental care, eyeglasses, speech therapy and prescription drugs.
- Because the population served by Medicaid has little or no ability to pay for medical services, federal law limits the premiums and the amount of cost sharing permitted under the program.
- A state that chooses to provide an optional service must provide that service to all of its "categorically" eligible enrollees, e.g., physical therapy provided to elderly individuals receiving Supplemental Security Income (SSI), and must also be offered as a benefit to disabled individuals receiving SSI.

Who Gets Medicaid?

- Eligibility rules for Medicaid are complex, and vary widely from state to state. They are linked to both income and other factors like family or disability status.
- Major categories of eligible people that the states must cover (mandatory populations) I include:
 - ⇒ Pregnant women and children under age 6 in families with family incomes under 306% of the federal poverty level
 - ⇒ Children ages 6 to 18 in families with family incomes under 306% of the poverty level
 - \Rightarrow Parents and 18 year olds whose incomes below welfare standards as of July 1996 and;
 - \Rightarrow Elderly and disabled individuals who are eligible for SSI program.

To see what programs you may be able to enroll in, visit <u>ACCESS.wi.gov</u> and click on "Am I Eligible?" or go directly to "Apply for Benefits." or contact the Southern Consortium at 888-794-5780.

Forward Your Connection to Programs for Health, Nutrition and Child Care





SENIORCARE – STATE PHARMACY ASSISTANCE PROGRAM

What is SeniorCare?

SeniorCare is a prescription drug assistance program for Wisconsin residents who are 65 years of age or older who meet the eligibility criteria. The program is designed to help seniors with their prescription drug costs. Those interested may apply at any time. However, your application will not be accepted if you apply earlier than the calendar month before your 65th birthday.

To enroll in SeniorCare:

- You must be a Wisconsin resident.
- You must be a U.S. citizen or qualifying immigrant.
- You must be 65 years of age or older.
- You must pay a \$30 annual enrollment fee per person.
- Your assets, such as bank accounts, insurance policies, home property, etc., are not counted.
- Your annual income determines the level of coverage (see SeniorCare Income Limits table below).

In addition, program participants are subject to certain annual out-of-pocket expense requirements depending on their annual income, as shown in the table below. Drug coverage may vary by Level. For more information about covered drugs, see the SeniorCare Covered Drugs fact sheet at

<u>dhs.wisconsin.gov/seniorcare/information.htm</u>, call your pharmacy or the SeniorCare Customer Service Hotline.

Group Size	Level 1 Income at / below 160% FPL	Level 2a Income between 160% - 200% FPL	Level 2b Income between 200% - 240% FPL	Level 3 Income more than 240% FPL
Individual	\$23,328	\$23,329—\$29,160	\$29,161—\$34,992	\$34,993 or greater
Couple	\$31,552	\$31,553- \$39,440	\$39,441—\$47,328	\$47,329 or greater

Effective February 1, 2023

For More Information:

- Call the SeniorCare Hotline at 1-800-657-2038 (Voice) or 711 (TTY), or
- Visit the SeniorCare Web site at: dhs.wi.gov/seniorcare.

Transportation Programs

The Human Services Transportation Program

is intended to provide Driver/Escort Services to the elderly that are 60+ and persons with disabilities to get to medical appointments and shopping to those individuals who have <u>no other</u> means of transportation.

A \$5.00 donation is requested per in county round trip. A \$25.00 donation is requested per out-of-county round trip.

To request a driver, call:

Telephone: 920-674-8104 Toll-Free: 1-866-740-2372 Hours: Weekdays, 7:00 a.m.- 4:30 p.m.

Veteran's Van

The Veteran's Administration has provided Jefferson County with a van to take Vets to medical appointments at the VA Medical Center in Madison. Service is available Monday-Friday and rides are scheduled on a first come, first serve basis. **To request a ride, call:**

Phone: 920-674-8104 Toll-Free: 1-866-740-2372 Hours: M—F 8:00am - 3:00pm Cost: None

Volunteer Opportunities

Volunteer drivers are always needed to transport passengers to medical & agency appointments. Drivers receive mileage compensation and are eligible for trip per diems. To inquire about becoming a Volunteer Driver, please call **920-674-8104** and ask for the Transportation Coordinator.

Wisconsin's Non-Emergency Medical Transportation (Veyo)

Rides for Non-Emergency Medicaid and Badger Care Plus appointments. Rides to routine appointments may be scheduled from 7:00 am to 6:00 pm Monday - Friday. Rides to urgent appointments may be scheduled 24 hours a day, seven days a week. For further information regarding Non-Emergency and Urgent appointments contact Veyo Reservation Line: 1-866-907-1493.

C & W Med Rides LLC

Non-Emergency Medical Transportation business that offers top quality door through door service for your transportation needs. Wheelchair accessible: Yes Cost: varies; call for options. **Hours:** Monday—Friday 7:30am—5:00pm. Other: Call for weekend appointments **Telephone**: 920-397-7624 **Email**: c.wmedrides@gmail.com

Shared Ride Taxi Programs

Brown Cab Company

Telephone:	Fort Atkinson	920-563-6303
	Jefferson	920-563-9188
	Lake Mills	920-648-4420
	Whitewater	920-563-6303

Watertown Transit Cab Service Telephone 920-261-7433

Hours: Available 7 days/week with variable hours per community Costs: Varies. Reduced fares are offered to senior citizens, persons with disabilities and students. Reduced fares for senior citizens who attend Senior Meal sites in Jefferson, Fort Atkinson and Lake Mills.

Van Transportation

LaVigne's Bus Company Telephone: 920-563-1515 Hours: daytime as needed Cost: Fee for Service

St. Coletta of Wisconsin Telephone: 920-674-8450 Hours: Varies, call for options Cost: Varies

Note: This listing is provided for information only courtesy of the ADRC of Jefferson County. Endorsements are not assumed or implied.



Volunteer Organizations

FISH volunteers provide rides to residents in the city of Jefferson. Volunteers donate their time to drive people to needed medical appointments only (no out-of-county trips).

Telephone: 920-674-5645 **Hours:** As needed Wheelchair accessible: No Cost: Call for rates Other: Two days advance notice requested.

Your Friends in Action volunteers provide individuals with rides to church, the grocery store, medical appointments and more. Cost: Donations appreciated Other: Advanced Notice Required Hours: Weekdays 8am—4:30pm. Telephone: 920-674-4548 *Jefferson County Only*

Bus Service

Badger Bus provides service between Madison and Milwaukee on a daily basis. The pick –up location is at the Johnson Creek Outlet Mall. Please go to the following link to see the schedule and learn about how to schedule a ride: <u>https://badgerbus.com/schedule/</u>

Mobility Manager Program

Mobility Managers help older adults, people with disabilities and anyone facing barriers finding transportation. Mobility Managers focus on meeting individual customer needs through a wide range of transportation options and service providers.

A Full-Time **Mobility Manager** is here to assist you in Jefferson County. To get help in finding transportation, please call **920-675-4049**



Are Home Energy Costs Putting the **SQUEEZE** on you?

Call **920-568-0604** or **1-800-506-5596** to schedule an appointment for **Energy Assistance** or visit the Home Energy website to apply online at <u>https://energybenefit.wi.gov/</u> and find your local energy assistance agency

Energy Assistance Program 10-01-2022 through 9-30-2023

Have the following information to apply:

- All household members (date of birth and income information from all sources)
- About the energy fuels you use (utility company name and account number-found on your most recent energy bill)
- About your landlord or property management company, if applicable including their address and phone number.

New 2022-2023 Gross Income Guidelines

Number in Household	Gross Monthly Income Limit
1	\$2, 675.25
2	\$3, 498.42
3	\$4, 321.58

What is Publicly Funded Long Term Care?

Publicly Funded Long Term Care Programs provide a wide range of long-term support services to eligible members. Potential members are adults over the age of 18 with physical or intellectual disabilities and elderly persons with long-term conditions requiring care. You must be functionally and financially eligible in order to enroll in Publicly Funded Long Term Care Programs. The Aging and Disability Resource Center staff will assess the potential member's eligibility for these programs. You should contact the Aging and Disability Resource Center (920-674-8734) for information, assistance and advice about available services, and possible eligibility.

Publicly Funded Long Term Care Programs help provide the services that you need to live an active, healthy and independent life. This is done by offering a variety of community based supports, which are identified to help you achieve your goals in the most cost effective manner possible. Depending on your financial situation, you may have a cost share for services. You will be told how much this will be before enrollment. Public funding supports may include, but are not limited to:

- Adaptive Aids
- Assisted Living Financial Management
- Respite Care
- Medical Equipment
- Prevocational Training
- Skilled Nursing Services
- Supported Employment
- Supportive Home Care
- Personal Response System
- Home Delivered Meals



Considering Your Options for Publicly Funded Long Term Care

Paying for Long Term Care

Many different sources can help pay for long term care. These may include private insurance, retirement benefits, personal savings and government assistance programs like Medicaid, Medicare, and Veteran's benefits Administration. It is important to understand what services and types of care each one covers. Choosing a Long-term care program that meets your particular needs and situation can at times be difficult and confusing.

The ADRC can help you understand and compare all your long-term care options.



Managed Care

Covers your home and community-based long-term care services — and provides you with your own care team to ensure your needs are met. You also have the opportunity to arrange, direct and purchase some or all of your services through the Self-Directed Supports Option.



Managed Care

Covers all long-term care services in the basic Family Care benefits package — *plus:* •ALL health and medical services and •ALL prescription drugs

Your care team will coordinate all your health, medical and long term care services.



Within a budget, an individual develops their own support and service plan. Friends, family or others may help you manage your IRIS plan and budget. IRIS is self –directed in which you creatively use resources to help meet your individual long-term care needs.



Medicaid (Title 19)" Forward" Card

Use your Medicaid (Title 19) "Forward" Card for doctor's visits and other health services. Individuals who qualify for SSI automatically qualify for Medical Assistance (MA). Detailed information about Medicaid in Wisconsin is available online at (link): <u>Medicaid in Wisconsin | Wisconsin Department of</u> <u>Health Services</u>







...working together to bring Advance Care Planning to communities thru Honoring Choices

GIVE THOSE YOU LOVE THE GIFT OF KNOWING



ADVANCE CARE PLANNING helps you understand how future health choices are important to you, your family and your doctor.

VE OF THE WISCONSIN MEDICAL SOCIETY

MAKE TIME NOW to understand, reflect, discuss and make a plan that is best for you and your loved ones.

Your plan becomes the ADVANCE DIRECTIVE for your future health care choices.

...It speaks for you when you may not be able to.

FREE Advance Care Planning assistance please call: Fort HealthCare • (920) 568-5279 Watertown Regional Medical Center • (920) 262-4298



Consumer Assistance & Protection

These agencies or offices provide direct advice and/or educational materials for consumers who need assistance in managing their financial resources, evaluating competitive products and services, choosing the most favorable option, understanding their rights as consumers, and seeking redress when they believe their rights have been violated.

Contact 6: WITI TV 6

Roles & Responsibilities

Got a consumer problem and you need help? Contact 6 is here for you. We attempt to help everyone either by direct service or by referral to others resources. For faster service, please file your complaint online at <u>Submit a Contact 6</u> <u>inquiry (fox6now.com)</u> Contact 6 cannot provide assistance in areas concerning legal advice, court cases, legal contracts, personal disputes, landlord vs. tenant, employee vs. employer, policy and price complaints.

		· ····································
Milwaukee, WI 53209	Website FOX6Now.com » Contact 6: Hardiplank instal-	Monday - Friday
	lation problems Comments Feed	9 a.m 5 p.m.

Federal Citizen Information Center

Roles & Responsibilities

The Consumer Information Catalog lists more than 200 free or low cost booklets on topics such as health, federal benefits, money management, food and nutrition, and more. Publications can be viewed, printed or downloaded at <u>their website</u>. Also publishes the Consumer Action Handbook, a guide designed to help with consumer problems and questions, and offers a sample complaint form to use as a guide.

31201 Bryan Circle Pueblo, CO 81001	Ph: 719-948-4000 Ph: 888-878-3256
	Website Consumer Complaints and Protection USA.gov

Hours 8 a.m. - 8 p.m.

Hours

Today's TMJ4: Call 4 Action

Roles & Responsibilities Consumer and business complaints, speakers and outreach.

720 E. Capitol DrivePh: 414-967-5495Milwaukee, WI 53212Website : www.jrn.com/tmj4/news/call-4-action

Hours Monday - Thursday 11 a.m. - 1 p.m.

Wisconsin Department of Agriculture, Trade, and Consumer Protection

Roles & Responsibilities

Provides protection for Wisconsin citizens by enforcing consumer protection laws. Attempts to prevent deceptive, fraudulent, or unscrupulous business practice such as unnecessary or unauthorized motor vehicle repairs, excessive credit charges, landlord/tenant issues, and high pressure door-to-door selling. Complaints received by this department which fall under the jurisdiction of another state or federal agency are directly forwarded to appropriate agency.

To register for the Wisconsin No Call list, call 866-966-2255, or visit their website.

2811 Agriculture Drive	Ph: 608-224-5012
P.O. Box 8911	Ph: 608-224-5058 (TDD/TTY)
Madison, WI 53708	Hotline: 800-422-7128
	Email datcphotline@wisconsin.gov
	Website http://datcp.wi.gov/

Hours Monday - Friday 7:45 a.m. - 4:30 p.m.



Walk-ins are Welcome

Call to talk to an Aging and Disability Resource Specialist

Telephone: 920–674-8734 Fax: 920–674-7603 TTD: 920–674-5011 TTY: 1-800-947-3529 Toll-Free: 1–866–740-2372



Email: adrc@jeffersoncountywi.gov Online: www.jeffersoncountywi.gov Web http://jeffersoncountyadrc.assistguide.net Office Hours: Monday—Friday 8:00 a.m.—4:30 p.m. After Hours by Appointment

Your Right to File a Complaint or Grievance

As an ADRC customer, you have the right to register complaints or grievances regarding the services provided by the ADRC. There will be no reprisal to you for registering a complaint or grievance. A complaint or grievance, should be registered within 30 days of the event. You may contact the ADRC's supervisor for more information. You may also file a complaint/grievance by writing or emailing:

> Aging and Disability Resource Center of Jefferson County Supervisor: Dominic Wondolkowski 1541 Annex Road Jefferson, WI 53549 Email: <u>dominicw@jeffersoncountywi.gov</u>

Information in this guide book is subject to change without notice. Please check with the ADRC for the most recent updates.

We welcome everyone to the ADRC, regardless of race, age, color, national origin, ethnic background, disability, sexual orientation, gender, gender identity, or socioeconomic, marital or military status. Your ADRC respects the diversity of our customers, employees, and communities.

The ADRC of Jefferson County is an equal opportunity employer and provider functioning under an affirmative action plan. Use QR Code with smartphone to visit the ADRC website

