Aging and Disability Resource Center of Jefferson County

Information ❖ Assistance ❖ Advocacy

You Have Options...

The Aging and Disability Resource staff can help you review the long-term care options available for meeting your present and future care needs.

Nursing Home Options in Jefferson County

Do you have questions about nursing home options?

How can I determine what my care needs are now and will be in the future?

Where can I get information and assistance about long-term care options?

How do I pay for Nursing Home and other healthcare expenses?

How do I decide which Nursing Home best meets my needs?

What Nursing Homes are located in my area?

The Aging and Disability Resource Center can help answer your long-term care questions.

Serving the general public as a source of information about Aging and Adult Disability Resources

Aging and Disability Resource Center of Jefferson County
1541 Annex Road
Jefferson County, Wisconsin 53549
http://jeffersoncountyadrc.assistguide.net
www.facebook.com/jeffersoncounty.com

Office Hours
Monday through Friday
8:00–4:30 p.m.
email: adrc@jeffersoncountywi.gov
www.jeffersoncountywi.gov

Contacts:
Telephone: 920–674-8734
Fax: 920–674-7603
TTD: 920–674-5011
TTY: 1-800-947-3529
Toll-Free: 1–866–740-2372

Is A Nursing Home Your Best Option?

There are many different long term care options available today. Choosing the options that best meets your needs and particular situation isn't always easy.

Let us help

Aging and Disability Resource Centers (ADRC's) assists people (regardless of their income) to review their care needs and learn about their options for meeting those needs. Elderly people and people who have physical or developmental disabilities have choices regarding the programs and services which provide the care and supports in their homes or in the community. Determining what kind of long-term care you will need, both now and in the future, how to pay for it, and where to find it, can sometimes be difficult and confusing. The ADRC can help you work through the process.

ADRC's are operated by counties, and are not associated with any businesses or service providers. You can be sure that the information and guidance that you receive is unbiased, accurate, and specific to your needs.

Pre-Admission Consultation

The ADRC offers a *Pre-Admission Consultation*, to help you develop a long term health plan—tailored to your specific needs, preferences, and situation. We can help you identify and compare your long-term care options. Our Aging and Disability Resource Specialists are experts in knowing housing options and programs. Knowing what to look for in a facility and calculating what you can afford to pay, and for how long, isn't easy.

We are available to meet with you in your own home, at the Resource Center, or at another location that is convenient for you and your family. Call the ADRC at (920) 674-8734 to schedule a pre-admission consultation.

The ADRC can help

Information and Assistance

• Information about and referrals to local services/providers to meet your needs.

Options Counseling

• Information about the choices you have about where to live, what kind of help you need, where to receive that care, and how to pay for it.

• Help you think through the pros and cons of various options in light of your situation, values, resources and preferences.

Benefits Counseling

• Provide information about government and other benefits that you may be eligible to receive— such as Medicare, Medicaid, Social Security, Disability, Low-Income Housing, etc.

• Advocate for you when you have problems with these programs or other benefits.

Funding for Long Term Care

• Determine your eligibility for publicly funded long term care programs such as Family Care, IRIS, or Family Care Partnership.

• Can help you prepare your Medicaid application if eligible.

Consider all your Long-Term-Care Alternatives

The ADRC can help you learn about all the Assisted Living options offered in Jefferson County. A pre-admission consultation with an ADRC Resource Specialist will help ensure that you choose the best option which also suits your specific needs and preferences.

Stay in your own home

A variety of services offered by your community and various volunteer organizations may help you stay in your own home longer. If you think this option might be suitable for you, our Aging and Disability Resource Specialists can provide more information about what services you might be eligible for.

Assisted Living Options

Group living arrangements come in various sizes and offer different levels of care for people who can no longer live independently, but who do not yet need a full care facility like a nursing home. Most assisted living facilities offer help with activities of daily living such as bathing, dressing and going to the bathroom. Services, the level of care offered and the type of resident they can accept, is determined by the type of licenses they hold. It is very important that you have a pre-admission consultation before selecting an assisted living option or facility in order to make the best match between the services you need and the services offered.

Adult Family Home

http://www.dhs.wisconsin.gov/bqaconsumer/AssistedLiving/afhdir.pdf

Community Based Residential Facility (CBRF)

http://www.dhs.wisconsin.gov/bqaconsumer/AssistedLiving/cbrfdir.pdf

Residential Care Apartment Complex (RCAC)

http://www.dhs.wisconsin.gov/bqaconsumer/AssistedLiving/rcacdir.pdf

Nursing Home (NH)

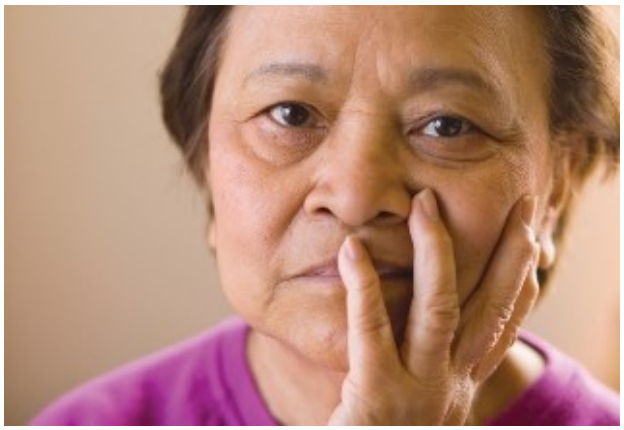
http://www.dhs.wisconsin.gov/bqaconsumer/NursingHomes/nhcounty.pdf

Directory of Wisconsin Facilities for Developmental Disabilities:

http://www.dhs.wisconsin.gov/bquaconsumer/FDDs/FDDcounty.pdf :

Learn more about assisted living options in Jefferson County Available at the ADRC.

Funding for Long Term Care in a Nursing home

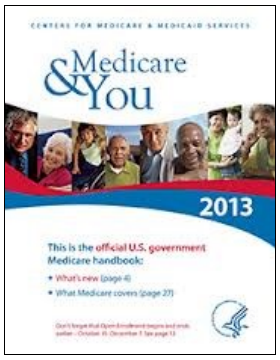


Nursing home care can be very expensive. Most people who enter nursing homes begin by paying for their care out of their own pocket. As you use your resources (like bank accounts, stocks, etc.) over a period of time, you may eventually become eligible for Medicaid.

If you have Medicare and need nursing home care ~ Medicare generally **doesn't** cover long-term stays (room and board) in a nursing home. Medicare covers skilled nursing facility (SNF) care in a Medicare-certified skilled nursing facility for a limited time after a 3-day qualifying hospital stay. For more information on Medicare coverage of skilled nursing facility care, get a free copy of the booklet "Medicare Coverage of Skilled Nursing Facility Care." see below

Free booklets on Medicare, Medicaid, and related topics

To read, print, or order free booklets on Medicare and related topics, including those listed below, visit www.medicare.gov/Publications. You may also be able to order a free copy by calling 1-800-MEDICARE (1-800-633-4227). Some booklets are available in Spanish, Braille, Large Print (English and Spanish), and on audio-cassette. TTY users should call 1-877-486-2048.



"Medicare & You"—This handbook gives basic information about Medicare coverage and benefits, health plan choices, rights and protections, and more.

"Your Guide to Choosing a Nursing Home" This booklet contains detailed information on choosing a nursing home, as well as costs **and ...**

Your Discharge Planning Checklist"—This checklist lists important information for patients and caregivers who are preparing to leave a hospital, nursing home, or other health care setting.

Medicare.gov – Compare the Quality of Care and Services of Health ... Medicare.gov – the Official U.S. Government Site for Medicare ... Quality Care Finder; Hospital Compare; **Nursing**

Medicare.gov
The Official U.S. Government Site for Medicare

Directory

Licensed Nursing Homes
Located in Jefferson County and surrounding areas

Skilled Nursing Home Facilities	County	Total Beds	Private Rooms	Medicare	Medicaid	Respite	Alzheimer's
Alden Estates of Countryside Rehabilitation and Healthcare Center 1130 Collins Road Jefferson, WI 53549 www.aldenestatesofjefferson.com	Jefferson County (920) 674-3170	120	120	X	X	X	X
Fairhaven 435 W. Starin Road Whitewater, WI 53190 www.fairhaven.org	Walworth County (262) 473-2140	84		X	X	X	24 Bed Dementia Unit
Clearview 198 County DF Juneau, WI 53039 www.co.dodge.wi.us/clearview	Dodge County (920) 386-3400	236	236	X	X	X	40
Golden Living Center 430 Wilcox Street Fort Atkinson, WI 53538 www.goldenlivingcenters.com	Jefferson County (920) 563-5533	80	14	X	X	X	27 Bed Dementia Unit
Golden Living Center 121 Hospital Drive Watertown, WI 53098 www.goldenlivingcenters.com	Dodge County (920) 261-0400	112	7	X	X	X	26 Bed Dementia Unit
Marquardt Manor 1020 Hill Street Watertown, WI 53098 www.marquardtvillage.org	Dodge County (920) 261-0400	140	140	X	X		
Shorehaven - Health & Rehab. Center 1305 W. Wisconsin Ave. Oconomowoc, WI 53066 www.shorehavenliving.org/	Waukesha County (262) 567-8341	120	88	X	X	X	15 Bed Dementia Unit
Willowbrook - Nursing & Rehab. Center 901 Mulberry Street Lake Mills, WI 5355 www.extendicareus.com/willowbrook	Jefferson County (920) 648-8344	57	3	X	X	X	X

Select the nursing homes that you feel might best meet your needs

Call the nursing Homes and request a tour of the facility.

Record the Nursing Homes information below.

Use the check list on the following pages to evaluate each home.

Nursing Home #1: _____

Address _____

Contact Person _____ Phone _____

Date of Visit _____ Time of visit _____

Person conducting tour _____

Comments _____

_____

Nursing Home #2: _____

Address _____

Contact Person _____ Phone _____

Date of Visit _____ Time of visit _____

Person conducting tour _____

Comments _____

_____

Nursing Home #3: _____

Address _____

Contact Person _____ Phone _____

Date of Visit _____ Time of visit _____

Person conducting tour _____

Comments _____

_____

Nursing Home Checklist

QUESTIONS TO ASK AND THINGS TO OBSERVE AS YOU TOUR THE FACILITY	Nursing Home Being Considered					
	HOME #1		HOME # 2		HOME #3	
Basic Information	**Yes**	**No**	**Yes**	**No**	**Yes**	**No**
Is the nursing home Medicare-certified?	☐	☐	☐	☐	☐	☐
Is the nursing home Medicaid-certified?	☐	☐	☐	☐	☐	☐
Does the nursing home have special services if needed, in a separate unit (e.g. dementia, ventilator or rehab.) and a bed is available?	☐	☐	☐	☐	☐	☐
Is the nursing home located close for friends & family to visit?	☐	☐	☐	☐	☐	☐
Does the nursing home have the level of care you need (e.g. skilled, custodial), and a bed is available?	☐	☐	☐	☐	☐	☐
Residence Appearance	**Yes**	**No**	**Yes**	**No**	**Yes**	**No**
Are residents clean and appropriately dressed for the season or time of day, and well groomed?	☐	☐	☐	☐	☐	☐
Nursing Home Living Spaces	**Yes**	**No**	**Yes**	**No**	**Yes**	**No**
Is the nursing home free from overwhelming unpleasant odors?	☐	☐	☐	☐	☐	☐
Does the nursing home appear to be clean and well-kept?	☐	☐	☐	☐	☐	☐
Is the temperature in the nursing home comfortable for residents?	☐	☐	☐	☐	☐	☐
Does the nursing home have good lighting?	☐	☐	☐	☐	☐	☐
Are noise levels in the dining room & other common areas comfortable for the residents?	☐	☐	☐	☐	☐	☐
That smoking isn't allowed or is restricted to certain areas of the nursing home?	☐	☐	☐	☐	☐	☐

Nursing Home Checklist

CONTINUED... QUESTIONS TO ASK AND THINGS TO OBSERVE AS YOU TOUR THE FACILITY	Nursing Home Being Considered					
	HOME #1		HOME # 2		HOME #3	
Staff	**Yes**	**No**	**Yes**	**No**	**Yes**	**No**
Does the relationship between the staff and residents appear to be warm and respectful?	☐	☐	☐	☐	☐	☐
Do all the staff wear name tags?	☐	☐	☐	☐	☐	☐
Does the staff knock on residents doors before entering the room and refers to the residents by name?	☐	☐	☐	☐	☐	☐
Does the nursing home offer training and continuing education programs for the staff?	☐	☐	☐	☐	☐	☐
Does the nursing home conduct a background check on all the staff?	☐	☐	☐	☐	☐	☐
Does the guide on your tour know the residents by name?	☐	☐	☐	☐	☐	☐
Is there is a licensed nursing staff 24 hours a day, including a Registered Nurse on site at least 8 hours/day—7 days/week?	☐	☐	☐	☐	☐	☐
Do the same team of nurses and certified nurse assistants (CNA's) work with the same resident 4 to 5 days/week?	☐	☐	☐	☐	☐	☐
Do the CNA's work with a reasonable number of residents and are involved in patient care meetings?	☐	☐	☐	☐	☐	☐
Is there is a full-time social worker on staff?	☐	☐	☐	☐	☐	☐
Is there is a licensed doctor on staff who is there daily and can be reached at all times?	☐	☐	☐	☐	☐	☐

Nursing Home Checklist

CONTINUED... QUESTIONS TO ASK AND THINGS TO OBSERVE AS YOU TOUR THE FACILITY	Nursing Home Being Considered					
	HOME #1		HOME # 2		HOME #3	
Resident's Rooms	**Yes**	**No**	**Yes**	**No**	**Yes**	**No**
May residents have personal belongings and/ or furniture in their rooms?	☐	☐	☐	☐	☐	☐
Does each resident have a storage space (closet and drawers) in his or her room?	☐	☐	☐	☐	☐	☐
Does each resident have a window in his or her bedroom?	☐	☐	☐	☐	☐	☐
Do residents have access to a personal telephone and television?	☐	☐	☐	☐	☐	☐
Do residents have a choice of roommates?	☐	☐	☐	☐	☐	☐
Can water pitchers be reached by residents?	☐	☐	☐	☐	☐	☐
Are there policies and procedures to protect the residents' possessions?	☐	☐	☐	☐	☐	☐
Hallway, Stairs, Lounges, and Bathrooms	**Yes**	**No**	**Yes**	**No**	**Yes**	**No**
Are exits clearly marked?	☐	☐	☐	☐	☐	☐
Are there quiet areas where residents can visit with family and friends?	☐	☐	☐	☐	☐	☐
Are all common areas, residents rooms, and doorways designed for wheelchair use?	☐	☐	☐	☐	☐	☐
Are there handrails in the hallways and grab bars in the bathrooms?	☐	☐	☐	☐	☐	☐

Nursing Home Checklist

CONTINUED... QUESTIONS TO ASK AND THINGS TO OBSERVE AS YOU TOUR THE FACILITY	Nursing Home Being Considered					
	HOME #1		HOME # 2		HOME #3	
Menus and Food	**Yes**	**No**	**Yes**	**No**	**Yes**	**No**
Do residents have a choice of food items at each meal?	☐	☐	☐	☐	☐	☐
Are nutritional snacks available upon request?	☐	☐	☐	☐	☐	☐
Does staff help residents eat and drink at mealtimes if help is needed?	☐	☐	☐	☐	☐	☐
Activities	**Yes**	**No**	**Yes**	**No**	**Yes**	**No**
May residents, including those who are unable to leave their rooms, may choose to take part in a variety of activities?	☐	☐	☐	☐	☐	☐
Does the nursing home have outdoor areas for residents go outside and staff to help them?	☐	☐	☐	☐	☐	☐
Does the nursing home have an active volunteer program?	☐	☐	☐	☐	☐	☐
Safety and Care	**Yes**	**No**	**Yes**	**No**	**Yes**	**No**
Does the nursing home have an emergency evaluation plan and holds regular fire drills (bedbound residents included)?	☐	☐	☐	☐	☐	☐
Do residents get preventative care, like a yearly flu shot?	☐	☐	☐	☐	☐	☐
May residents still see their personal doctor?	☐	☐	☐	☐	☐	☐
Does the nursing home have an arrangement with a nearby hospital for emergencies?	☐	☐	☐	☐	☐	☐
Are care plan meetings held with residents and family members at times that are convenient whenever possible?	☐	☐	☐	☐	☐	☐

Resources

State Licensure/Complaints: *Responsible for monitoring different types of health and community care providers, including Nursing Homes, Hospitals, and Home Health Agencies. Also does on-site surveys, complaint investigations, and enforcement. The Southeastern Regional office represents Jefferson County.*

Contact: Division of Quality Assurance
P.O. Box 2969
Madison WI 53701-2969
Phone: (608) 266-8481 TDD# (608) 266-7376

Long Care Ombudsman: *Investigates improper treatment of elderly and disabled persons receiving long-term care; monitors federal, state and local laws concerning long-term care; promotes public awareness, works to improve long-term care through education and cooperation.*

Contact: Board on Aging and Long-Term Care
1402 Pankratz Street, Suite 111
Madison WI 53704
Toll Free: 1 (800) 815-0015

Medicaid Fraud Control Unit: *Wisconsin Department of Justice that investigates allegations of Medicaid fraud and abuse.*

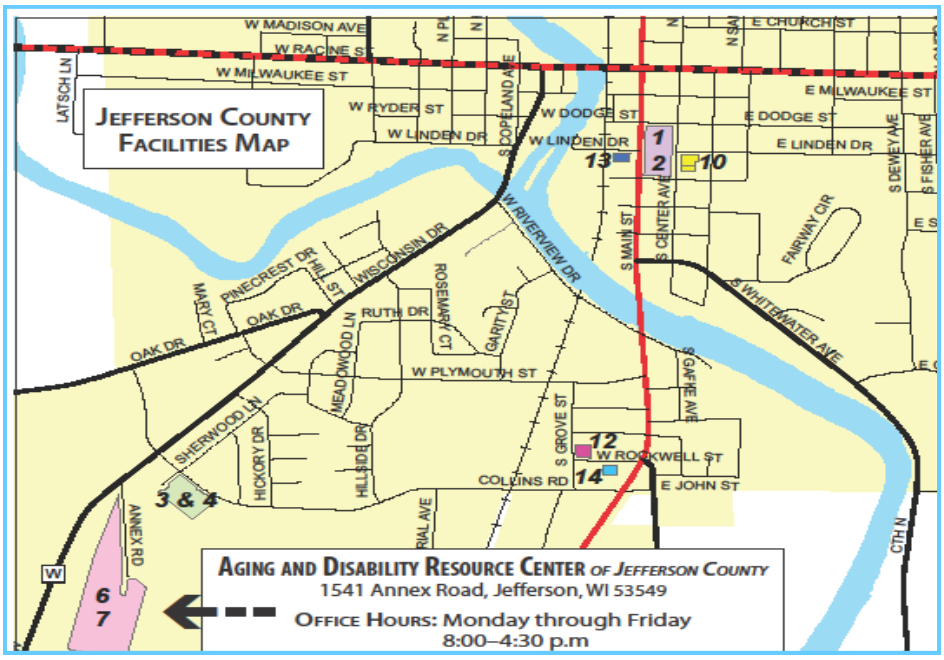
Contact: Medicaid Fraud Control Unit
Department of Justice P.O. Box 7857
Madison WI 53707
(608) 266-922*2*

State Bureau of Aging and Disability Resources: *Responsible for implementing Title III of the Older Americans Act, oversees a county aging network, and promotes public policies to help older people.*

Contact: Bureau of Aging and Disability Resources
1 W. Wilson St., Room 450
Madison WI 53703
(608) 266-2536

Disability Rights Wisconsin: *Designated protection and advocacy agency for people (18-59 years of age) with developmental disabilities and mental illness.*

Contact: Disability Rights Wisconsin)
131 W. Wilson Street, Suite 700
Madison WI 53703
Phone (608) 267-0214 Toll-Free: 1-*(800) 928-8778*



Walk—Ins Are Welcome!

CALL US TO TALK TO AN AGING AND DISABILITY RESOURCE SPECIALIST

Telephone: 920–674-8734

Fax: 920–674-7603

TTD: 920–674-5011

TTY: 1-800-947-3529

Toll-Free: 1–866–740-2372

Email: adrc@jeffersoncountywi.gov

Online: www.jeffersoncountywi.gov

www.facebook.com/Jefferson County

Web Resource Guide: http://jeffersoncountyadrc.assistguide.net

Vision and Mission of the ADRC

The Aging & Disability Center's vision is to provide information and assistance to our diverse community where the elderly and people with disabilities are respected, healthy and productive.

Our mission is to help people achieve their goals by providing them with comprehensive information so they can make informed decisions and advocacy support to ensure that they remain in charge of their lives.

Information in this Nursing Home Options Guide Book is subject to change without notice, please check with the ADRC for the most recent updates.

The Aging and Disability Center honors choice, supports dignity, and maximizes independence.